



Pre Natal Yoga classes



Classes running in April and May 2022

Suitable for 2nd Trimester

- Weds 1:00 – 2:30pm at Hinckley Library (LE10 0AT)
27th April – 11th May (course code 21SN445P)
- Mon 11:30am – 1:00pm at Enderby Adult Learning Centre (LE19 4PG)
25th April – 16th May (no class on Bank Holiday) (course code 21EN408P)

Suitable for 3rd Trimester

- Weds 10:00 – 11:30am at Coalville Library (LE67 3EA)
27th April – 11th May (course code 21SN446P)
- Fridays 11:30am – 1:00pm Enderby Adult Learning Centre (LE19 4PG)
29th April – 13th May (course code 21EN439P)

CONTACT US FOR MORE INFORMATION AND TO ENROL

Call **0116 305 0820** or **FREEphone 0800 988 0308**
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